
SEW ON & SEW FORTH

CRAZY QUILTERS GUILD NEWSLETTER – March 2020



From the President



My quilting buddies,

I was talking to a quilting friend the other day and she said, “People have no idea how important this quilt guild is to some of our members.” We then began to list example after example when our guild has helped a member through troubled times including a death, accident, loneliness, or sickness.

Articles written about mental health always mention that people need a strong social network of support. Stress is more manageable when you surround yourself with people who offer you empathy, love, encouragement, and acceptance. “Talking to people who are going through the same experience can often be a source of support, empathy, and motivation.”

When you belong to a quilt guild, you have an opportunity to join friendship groups that can serve as a close-knit social network of support. You become part of a small group of people with whom you can develop a closer friendship. You already have the common love of quilting, so there is a common ground to build a more lasting friendship.

Quilt guilds across the nation promote the craft and art of quilt making, as well as preserving the heritage of quilt making. Local quilt guild meetings offer members an opportunity to network, take workshops on quilting techniques, enjoy speaker presentations and get involved with charity quilt projects for the community.

How very lucky we are to belong to this guild 😊

Vicki



Membership



By Linda Nelson

Welcome Kathy Welander back to the guild. She rejoined last month. Kathy's information can be found in the Crazy Quilters Guild member page.

Don't miss the next meeting! The presenter is Tracy Souza from Plum Cute Designs.

March Birthdays

Darlene Wheat	3
Kay Nelson	13
Corrine Cesvet	20
Kathie Zimmer	21
Kathy Welander	26
Donna Karbach	30



 show and tell

February 2020
Audrey Bowman





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